

# BASKETBALL PROGRAM



**PROGRAM OVERVIEW**  A program for young athletes who want to learn the fundamentals of basketball, improve their skills and further develop on-court athleticism in a fun & engaging environment. This is a concentrated experience designed to accelerate the learning process through specific instruction, skill development and competition simulation. Participants will learn to improve their footwork, dribbling, passing and shooting through exciting drills, games and activities. Our goal is to use basketball to help kids build character and promote good sportsmanship and teamwork. Our coaching staff of current/former high school and college players, bring a dynamic energy that will motivate players to have fun and do their best while teaching them to play hard, play smart and have outstanding sportsmanship.

## Instructor: Jeff Wheeler Location: Amherst Middle School, North Gym

Assistants: Kaitlyn Kardaman, Scott Wheeler, Sean McPartland

### BEGINNER - GRADES 1 & 2 8 AM - 9 AM

\$85

Registration code: W302B

Jan. 20, 27; Feb. 3, 10, 17; March 2, 9, 16, 23 Children will learn the fundamentals of basketball, including rules and regulations of the game. The children will learn through fun drills and real game situations.

### **REGISTER ONLINE**

All registration is completed online www.amherstschools.org

Community tab, then Community Education **Questions?** 

Lori Sosenko, Community Education Liaison 716-362-3031, LSosenko@amherstschools.org

In the Intermediate programs, children will review the fundamentals of basketball and learn to improve dribbling, passing and shooting techniques. They will participate in offensive and defensive drills to increase their understanding of the game. They will also compete in real game situations that will focus on the value of playing TEAM basketball. After week 4, players will be placed on teams to play in weekly games with a schedule provided. In order to make the teams as evenly as possible, the coaches will use the first few weeks to evaluate and assess the talent before teams are chosen.

## INTERMEDIATE - GRADES 3 & 4 11 A.M. - 12:45 P.M.

\$85

Registration code: W303B

Jan. 20, 27; Feb. 3, 10, 17; March 2, 9, 16, 23, 27 Specific game schedules will be given out starting Feb. 17. Final "March Madness" session will take place Wednesday, March 27 between 5-6:30 pm.

#### INTERMEDIATE - GRADES 5 & 6 9:15 A.M. - 11 A.M. \$85

Registration code: W304B

Jan. 20, 27; Feb. 3, 10, 17; March 2, 9, 16, 23, 27 Specific game schedules will be given out starting Feb. 17. Final "March Madness" session will take place Wednesday, March 27 between 6:45-8:15 pm.



Registration link <u>www.amherstschools.org</u>